

# CLIMATE and CULTURE TRANSFORMATION

## UNIT 1 – HEALTH & SAFETY

### PEER CONFLICT:

- Peer Conflict – How to Be Assertive
- Peer Conflict – Communicating Effectively
- Peer Conflict – Addressing Unfriendly Classmates or Friendships
- Peer Conflict – Don’t Fight Fire with Fire
- Peer Conflict – Assault and Battery

### SOCIAL MEDIA SAFETY:

- Social Media Safety – Staying Safe
- Social Media Safety – Protecting Your Reputation
- Social Media Safety – Sending Inappropriate Pictures
- Social Media Safety – Warning Signs
- Social Media Safety – Protecting Your Identity

### DATING AND RELATIONSHIPS:

- Dating and Relationships – The “Talking” Stage
- Dating and Relationships – Self-Respect
- Dating and Relationships – Love is an Action
- Dating and Relationships – Recognizing Unhealthy Behaviors
- Dating and Relationships – Communication & Compatibility

### STRESSFUL LIFE EVENTS

- Stressful Life Events – School, Homework & Test Stress
- Stressful Life Events – Breakups
- Stressful Life Events – Talking to Parents
- Stressful Life Events – Overcommitment
- Stressful Life Events – Being Unprepared

## UNIT 2 – RELATIONSHIP SUPPORT

### TALKING TO OUR PARENTS:

- Talking to Our Parents – It’s Never Too Late to Start
- Talking to Our Parents – Parents Are Here to Help
- Talking to Our Parents – Raising Difficult Topics
- Talking to Our Parents – How to Talk So Parents Will Listen
- Talking to Our Parents – When Talking to Your Parents Doesn’t Work

### TALKING TO ADULTS:

- Talking to Adults – Dealing with Intimidation
- Talking to Adults – Overcoming the Age Gap
- Talking to Adults – The Power of Thoughtful Questions
- Talking to Adults – Wisdom
- Talking to Adults – R-E-S-P-E-C-T

### COMPASSION & EMPATHY:

- Compassion & Empathy – Living with Compassion
- Compassion & Empathy – Empathy
- Compassion & Empathy – Giving the Benefit of the Doubt
- Compassion & Empathy – Love Always Wins
- Compassion & Empathy – Random Acts of Kindness

### FINDING A MENTOR:

- Finding a Mentor – Finding Those That Inspire
- Finding a Mentor – Studying Those We Admire
- Finding a Mentor – Learning Life as We Go

## UNIT 3 – SOCIAL AWARENESS

### UNDERSTANDING SOCIAL DIFFERENCES:

- Understanding Social Differences – Ethics and Values
- Understanding Social Differences – Personality Types
- Understanding Social Differences – Emotional Intelligence
- Understanding Social Differences – Social & Cultural Intelligence
- Understanding Social Differences – Perspective-Taking

### REFUSAL SKILLS & STRATEGIES:

- Refusal Skills & Strategies – Being Willing to Be Awkward
- Refusal Skills & Strategies – Different is Valuable
- Refusal Skills & Strategies – Trust Your Discernment
- Refusal Skills & Strategies – Perseverance & Hope
- Refusal Skills & Strategies – The Decisions Made: Goal Settings

### GIVING SIMPLE RESPECTS:

- Giving Simple Respects – Saying Please & Thank You
- Giving Simple Respects – Giving Gratitude Towards Life
- Giving Simple Respects – Respect for Elders, Leaders, and Peers
- Giving Simple Respects – Eye Contact & Nonverbal Responses
- Giving Simple Respects – A Strong Handshake or Warm Hug

### PURPOSEFUL COMMUNICATION TECHNIQUES:

- Purposeful Communication Techniques – Conflict Resolution
- Purposeful Communication Techniques – Negotiation
- Purposeful Communication Techniques – Collaboration
- Purposeful Communication Techniques – Letting Go of Your Ego
- Purposeful Communication Techniques – Asking for Help or Support

## UNIT 4 – EQUITY, ANTI-RACISM & DIVERSITY

### LGBTQ:

- LGBTQ – Students Coming Out
- LGBTQ – LGBTQ Bias-Based Bullying
- LGBTQ – History of the LGBTQ Community in Society
- LGBTQ – The Value You Bring
- LGBTQ – Being Comfortable in Your Own Skin

### EQUITY:

- Equity – Social Equity
- Equity – Racial Equity
- Equity – Stereotyping and Prejudice
- Equity – Advocating for Others
- Equity – Becoming Considerate

### ANTI-RACISM:

- Anti-Racism – Understanding Systemic Racism
- Anti-Racism – Being Anti-Racist
- Anti-Racism – What Does It Mean to Be an Ally?
- Anti-Racism – Examining My Own Racism
- Anti-Racism – Becoming a Better Ally

### DIVERSITY:

- Diversity – Bringing It All Together
- Diversity – Celebrating Differences
- Diversity – Igniting a Spark of Safety
- Diversity – Ethics and My Life
- Diversity – Cultural Norms