Mythology & Folklore: Legendary Tales

Course Description
Since the beginning of time, people have gathered around fires to tell stories of angry gods, harrowing journeys, cunning animals, horrible beasts, and the mighty heroes who vanquished them. Mythology and folklore have provided a way for these colorful stories to spring to life for thousands of years. Mythology and Folklore: Legendary Tales will illustrate how these famous anecdotes have helped humans make sense of the world. Beginning with an overview of mythology and different types of folklore, you will journey with age-old heroes as they slay dragons, outwit gods, defy fate, fight endless battles, and outwit clever monsters with strength and courage. You’ll explore the universality and social significance of myths and folklore and see how these powerful tales continue to shape society even today.

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Lesson 1: Introduction to Mythology & Folklore

Lesson Summary
Since prehistoric times, people have passed important stories down from generation to generation. Although cultures differed significantly throughout history, many of these oral traditions are similar. In fact, did you know that for most of the gods in Greek mythology, there are corresponding gods in Roman mythology, along with striking similarities in the stories? As time moved from prehistory (before writing) into history (the written age), these stories were written down so that others could learn from them and enjoy them. All of these stories—myths, legends, folktales, and fairy tales—serve a distinct purpose in the literature of the world.

Learning Objectives
• Identify characteristics of myths, folklore, folktales, and fairy tales.
• Describe the different types of myths.
• Identify the purposes of myths.
• Compare the different types of folklore: legends, folktales, and fairy tales.
Lesson 2: Warrior Women

Lesson Summary
Throughout the ages, women have often been at the forefront of battles, fighting to protect their people, land, and way of life. These women warriors have been historically viewed as strong, proud women with unfailing courage. The tradition of women warriors is deeply rooted in ancient Greek, Celtic, and Norse mythology. This unit is organized so that you will be able to easily compare mythological warrior women with those from history. First, you will learn about the characteristics of women warriors in mythology and folklore. Next, you will read about the Amazons (mythological, then historical), then about Celtic goddesses and a warrior queen from the first century A.D. You will also learn of the deeds of Valkyries, the Norse warrior-goddesses, as well as a Norse warrior woman from around the year 1000. Finally, you will consider the effects of these on women in ancient societies.

Learning Objectives
• Identify the warrior women covered in the unit and their actions.
• Describe the characteristics of warrior women in history, mythology, legend, and folklore.
• Identify the time period in which the warrior women covered in this unit lived and/or gained importance.
• Describe the cultural and historical effects of mythological warrior women on the treatment of women in ancient Greek, Norse, and Celtic society.
Lesson 3: The Heroic Monomyth in Mythology and Folklore

Lesson Summary
Since the beginning of time, humans have told stories of heroes around the hearth or camp fire at night. While each story is unique, it is also universal in its ability to speak to humankind and the need for a brave hero or heroine who embodies the ideals that define society. We need to believe we can take on something bigger than ourselves and win, and that good ultimately triumphs over evil. As we study the heroic monomyth, you will learn exactly what sets a hero apart from the rest of humanity. You will follow heroes on each leg of their journeys, and learn to differentiate between the types of stories used to tell of their brave deeds.

Learning Objectives
• Define what sets apart a hero from the rest of society.
• Identify types of hero and heroine stories.
• Describe the specific archetypes found in hero stories.
• Trace the stages of a Hero’s Journey.
• Describe the cultural and historical importance of heroes and heroines.
Lesson 4: The Roles of Animals

Lesson Summary
Animals have walked the earth since the dawn of time, and they have been woven into the human experience throughout the ages. Animals, both real and mythical, are an integral part of myths and legends from around the world. They play many different roles in literature. Animals may be gods or heroes, faithful companions or terrifying monsters. Sometimes they help humans succeed in a quest, and other times they act as clever tricksters and attempt to sabotage it. Often in myths and legends, the line between animals and people becomes blurred and one takes on the characteristics of the other. In this unit, you will explore the role of animals in myths and legends.

Learning Objectives
• Explain the varied roles animals play in legends and mythology.
• Identify creation stories where animals play an important role.
• Describe the symbolic nature of animals as portrayed in myths and legends.
• Trace transformation myths from around the globe.
• Identify modern myths and legends involving animals.
Midterm Exam

Learning Objectives

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from the first four units in this course (Note: You will be able to open this exam only one time.)
Lesson 5: The Social Significance

Lesson Summary
The myths and legends of a society are often the cornerstone on which its culture is built. Most cultural activities and beliefs can be traced back to a society’s stories. Myths and legends provide a basis for moral boundaries and establish the basic guidelines for the way people within a society live. As you learn about myths from around the world, you will find that many cultures have similar stories. These common threads can be traced back to a time before people migrated to the far corners of the globe. In this unit, you will learn how myths and legends link the past with the present and provide continuity from ancient times to the modern. You will discover why we need them and how they shape the world around us.

Learning Objectives
• Explain the communal importance of myths and legends.
• Identify how myths and legends are used to explain the natural world.
• Understand that myths are the basis of cultural activities in a society.
• Describe how myths provide meaning to everyday life.
• Identify the use of myths and legends to establish guidelines for living.
Lesson 6: Myths of the World

Lesson Summary
Almost every ancient culture had a pantheon of gods and goddesses as the cornerstone of their mythology. In this unit, you will study the themes early cultures built their mythology upon, and learn the characteristics of various gods and goddesses. You will also explore the cultural effects of mythological systems and see how they compare. You will see how myths influenced architecture, and you will learn what kind of places of worship various cultures built for their deities.

Learning Objectives
• Understand that gods and goddesses are the cornerstones of mythology.
• Identify the mythological themes in each cultures mythological system.
• Explain the characteristics of gods and goddesses of ancient mythology.
• Describe the cultural effects of mythological systems.
• Identify places of worship built for gods and goddesses.
Lesson 7: Comparative Mythology

Lesson Summary
While every culture has its own unique myths and legends, certain themes show up in almost every culture, from isolated tribes in the jungles of the Amazon to the great civilizations in Europe and even to the scattered islands of the Pacific Ocean. In this unit, you will learn about the similarities of these worldwide myths and legends, and you will search for the historical facts behind them. You will learn how the need for humans to provide a sense of balance to their world lends a degree of commonality to their stories, even when cultures are completely different. Finally, you will look at how the myths and legends surrounding sacred objects can be found in all lands.

Learning Objectives
• Understand the purpose of comparative mythology.
• Describe the role linguists play in finding the origin of a myth or legend.
• Identify the underlying structure in myths and legends.
• Explain how comparative religion is used to compare the themes of sacred myths.
• Identify the psychology behind shared symbolism.
Lesson 8: Modern Myths & Legends

Lesson Summary
We often think of myths and legends as stories from long ago, but they can still be found in many different forms in our world today. Modern myths and legends have been renamed urban legends, but they are just as culturally important as legends of long ago. In this unit, you will learn the purpose behind urban legends. You will find out which superstitions are still alive and well. Was that a black cat that just walked by? You will join the search for animals of modern myth and long-lost cities. Finally, you will decide if there the legends associated with mystical places like the Bermuda Triangle are true or nothing more than modern legends.

Learning Objectives
• Explain the purposes of urban legends in today’s society.
• Recognize the superstitions that are still around today.
• Describe what cryptids are and their role in myths and legends.
• Name the mythological cities for which archaeologists still search.
• Identify the areas of the world that have legends associated with them.
Final Exam

Learning Objectives

• Review information acquired and mastered from this course up to this point.

• Take a course exam based on material from units five to eight in this course – the last four units. (Note: You will be able to open this exam only one time.)