



## Purpose Prep Routines

Purpose Prep has developed three classroom routines that can be used in whole-class implementations. These routines are flexible and are easily modified to accommodate various student age groups and levels of educator experience.

# Routine I: Absorb and Engage

Teaching learners to be active watchers and listeners

STEP 1: Sit Tall and Ready	STEP 2: Focus and Absorb	STEP 3: Gratitude
Have students face their chairs/bodies towards the screen/teacher. They sit tall with their hands in their laps, ready to engage with the video/instruction.	Students will engage with the instruction, with no talking. They think and reflect on what is being shown, demonstrated, or spoken about.	Reward the active watchers and listeners with gratitude, compliments, and recognition. Encourage students to show gratitude to one another.

## OVERVIEW

This routine is focused on teaching learners to be active watchers and listeners. For Purpose Prep curriculum, it is chiefly used when engaging with instructional videos, but Absorb and Engage can be used any time students are tasked with taking in information presented to them in any form!

## MOTIVATION

When engaging with videos for entertainment, the stakes are low. We can watch leisurely, multi-tasking when desired. This is a passive approach to taking in information. When we engage passively, we don't mind distractions or idle chit chat; some people even take out their digital devices and check out entirely!

While Purpose Prep instructional videos are designed to be engaging, their main purpose is to instruct. We need our learners to be active watchers and listeners when engaging with instruction of any form. This routine, when practiced consistently, will create an atmosphere of focus, providing an opportunity for all students to think, reflect, and learn.

## ACTIVATION

Before you introduce this routine with your classroom, have a discussion with your students on what the difference is between active and passive engagement.

**Set the scene:** *Imagine that you're telling a good friend an amazing story, or that you're trying to show them a video you love.*

**Ask:** *How do you feel if your friend isn't listening or if they don't seem to be paying attention to the video?*

Allow students to share their feelings, rewarding those that share as well as those that appear actively engaged with listening.

**Discuss:** *What does it look like when someone is really listening and paying attention?*

Again, allow students to share and discuss. Elicit the steps of the routine as a natural answer to this question. Then, introduce the routine by going through each step

# Routine II: Discuss and Encourage

Teaching learners to have safe and socially aware discussion

STEP 1: Sit Together and Reflect	STEP 2: Speak or Listen	STEP 3: Gratitude
<p>Have students arrange their chairs/bodies in a circle.</p> <p>Ask students to consider a scenario or question. Wait two full minutes for them to reflect—there is no talking during this time.</p> <p>Then pass the talking object to a student and ask them to respond.</p>	<p>Any student that is holding the talking object can speak freely.</p> <p>As they speak, all students can show agreement with a silent affirmation (e.g., place their hand on their chest, nodding their head).</p> <p>Signify the end of each student's turn by counting to three and have the whole class clap. <b>"1, 2, 3...[CLAP]!"</b></p> <p>Thank the student for their words and pass the object to a new student to respond.</p>	<p>Repeat Steps 1 and 2 once for each question or discussion point.</p> <p>At the end of the discussion, thank the participants for engaging, listening, and creating a safe space.</p>

## OVERVIEW

Discuss and Encourage is focused on creating a safe and caring dialogue and interaction between students while discussing the Purpose Prep lessons. It is important that students are willing to try to learn from others, consider the feelings of others, and use kind words. This is necessary for students to get the most out of the curriculum and facilitate relationships with one another.

## MOTIVATION

Because Purpose Prep videos are designed to invoke social and emotional responses, it is important that the environment in which students learn is safe and comfortable. We want our students to feel connected and open with one another as well as themselves without fear of judgment or disapproval.

## ACTIVATION

Before introducing the lesson discussion questions at the end of each lesson, talk to your students about what it means to listen actively (from Routine I), be a safe communicator, and be socially aware. This entails considering the feelings of others, using friendly language, and seeking to learn something from every story that is shared.

# Routine III: Review and Participate

Teaching learners to activate prior knowledge and engage in critical thinking

STEP 1: Prepare and Remember	STEP 2: Review and Participate	STEP 3: Gratitude
<p>Have students face their chairs/bodies towards the screen/front of the room. They sit tall with their hands in their laps, ready to engage with your teaching. (This is the same first step as Absorb and Engage.)</p> <p>Remind students of the topics taught previously and provide three minutes of silent reflection.</p>	<p>Review topics from the previous instruction. Pose questions throughout and have students turn and talk to their neighbor(s). Ask for volunteers to share out.</p> <p>Allow for appropriate classroom discourse—have students raise their hands with questions and allow other students to respond.</p> <p>If you pose a binary question (e.g., yes/no), have students use a thumb up or thumb down gesture at their chests.</p>	<p>Reward the participants with gratitude, compliments, and recognition.</p> <p>Encourage students to show gratitude to one another, especially to their discussion partner(s) in Step 2.</p>

## OVERVIEW

In Review and Participate, students are encouraged to tie in previous lessons to their personal lives through critical thinking. We encourage you to reiterate the concepts used in the previous routines – active watching and engaging – to create the best possible self-reflection and participation experience for each student. Tying all of the information learned together at the end helps solidify the material and helps students begin meaningfully thinking about how they can incorporate it into their lives. Showing gratitude for meaningful participation helps build relationships out of trust and respect for one another.

## MOTIVATION

Our motivation for Routine III is that we want our students to not only learn the ideas, but also reflect on them and make major life changes in a positive way. It's easy to talk about these ideas objectively, but asking students to sit and think about how it resonates in their own lives sparks the real learning and what we intend for each one of our learners.

## ACTIVATION

After providing ample time for students to sit and individually reflect on the concepts introduced, have students complete the “Check on Learning task” provided after each video either on their own or collectively as a class. You can engage in the ideas further by having students complete the written assignments at the end of each unit, or create your own!