

## Restorative Practices & Principles

## CASEL Alignment

		CASEL Competencies				
Unit	Purpose Prep Lessons	SELF-AWARENESS	SELF-MANAGEMENT	SOCIAL AWARENESS	RELATIONSHIP SKILLS	RESPONSIBLE DECISION MAKING
1	Restorative Justice	✓	✓			✓
	Self-Punishment	✓	✓			✓
	Mindfulness and Accountability	✓	✓	✓	✓	
	Restorative Circles	✓	✓	✓	✓	✓
2	My Environment	✓	✓		✓	✓
	Mental and Emotional Regulation	✓	✓		✓	✓
	Who I Am and What I've Done	✓	✓			✓
	Foster Care and Home Life	✓	✓			✓
3	Violence		✓	✓		✓
	Truancy	✓	✓			✓
	Hate Speech & Graffiti	✓		✓	✓	✓
	Drug Abuse & Rehabilitation		✓			✓
4	Overcoming the Past	✓	✓		✓	✓
	Understanding Cultures & Diversity			✓	✓	✓
	Healthy Lifestyles	✓	✓			✓
	Moving Forward	✓	✓			✓