

Course Syllabus

Course: Restorative Practices & Principles

Course Title: Restorative Practices & Principles

School Level: Middle School and High School

Course Purpose & Objective:

Restorative Practices & Principles aims to reshape the way we deal with misbehavior and antisocial attitudes by focusing on restoration rather than punishment. By doing so, schools address the root causes of the misbehavior, repair any harm done, strengthen relationships within the school and community, and empower voices on all sides. The overall result is inspiring positive, long-lasting growth and change.

Description:

Over the past few decades, society has largely dealt with misbehavior through the use of retribution, or punishment. When we address the underlying causes of such behavior, while also holding the misbehaving student accountable for repairing the imposed harm, we are investing in true, sustained change and providing students with the resources and insights needed for a brighter future.

Restorative Practices & Principles is designed to provide individuals with the knowledge and tools needed to improve and repair relationships between people and communities in a reformed way. It seeks to build prosocial behaviors, treat underlying causes that lead to antisocial behavior, and restore the trust and harmony in both individuals and relationships after harm is done.

By participating in this course, students learn how to evaluate the impacts that their environment and experiences may have had on them, and then create purposeful, positive futures for themselves, regardless of history, circumstance, or past mistakes. This course aims to instill the confidence, inspiration, and wisdom needed to break through any social stereotypes or barriers that stand in the way of reaching their fullest potentials possible.

Course Outcomes:

After completing this course students will be able to:

1. Understand the process of restorative justice and methods for adopting positive thinking patterns, articulate their feelings and perspectives clearly, and use effective communication to restore impacted relationships.
2. Develop a clear sense of identity and self-awareness that is independent of external influences in their environment and recognize when implementing boundaries may be necessary to maintain a healthy, grounded mindset.

3. Evaluate whether learned or common behaviors are healthy/productive or unhealthy/unproductive, assign purpose to learning by establishing strong goals, and understand how negative speech and behavior contributes to a lesser common good.
4. Reflect on the past and use it as a power tool for growth and reaching their full potential, establish positive core values and align their choices and lifestyle with them, and create an intentional and purposeful future for themselves.

Course Outline:

Unit 1: Restoration Basics
Unit 2: Restorative Prevention
Unit 3: Restorative Intervention
Unit 4: The Process of Restoration

Resources Included:

Lessons include various multimedia components (e.g., videos, podcasts, discussions, assignments). Lesson content is embedded directly in the course and can be removed or reordered within the system. No additional costs or materials are needed to complete this course.

Scoring System:

Purpose Prep does not assign letter grades, issue diplomas, or grant credit for courses. A final score will be accessible and can be used by your local school or course facilitator for conversion to your own grading system.

Graded Assignments:

- Lesson Videos
- Check on Learning Quizzes
- Call to Action Assignments
- End of Unit – Written Articles & Responses
- End of Unit – Assessment Quizzes
- End of Unit – Parent Involvement Activities

Course Implementation & Schedule:

This course is comprised of 80 lessons and can be implemented in a single semester, trimester, or full year of instruction. Courses are flexible and can be offered fully online or in the classroom, or as a hybrid of both. Lessons are sequenced purposefully within a unit to ensure connections between larger ideas and concepts within that unit. However, all units and lessons can be customized in any order that suits the implementation.

Instructional Support Services:



Individual personalized support is provided by the Purpose Prep customer care department at info@purposeprep.com.

