

UNLOCK YOUR PURPOSE CONTENT OUTLINE SCOPE AND SEQUENCE

UNIT 1 – HAPPINESS vs. SUCCESS

MAP YOUR FUTURE

- Living Out Your Destiny
- Creating Healthy Success
- What We Truly Desire
- It's Not About the Money
- Take the First Step

PEOPLE AND PROBLEMS

- Types of People
- You Choose
- Types of Problems
- Your Purpose Dictates Everything
- Decide Who You Want to Be

FOCUS AND SUCCESS

- Four Pillars of Focus
- Four Pillars of Success
- Defining Success
- Setting Goals: First Step to Success
- The Importance of Planning

FROM LEARNING TO EARNING

- Learn How to Learn
- Learn How to Earn
- Meaning > Money
- From Purpose to Profession
- Changing Your Mindset About Money

UNIT 2 – MAKING A DIFFERENCE

GIVING IS GETTING

- An Uncharted Principle
- Giving Back or Just Giving?
- The Giving Experience
- Is There a Higher Purpose?
- Why Farmers Win?

REASONABLE RESPONSE

- Wealth & Power
- The Dead Sea or Niagara Falls
- Gratitude
- Hope in Hopelessness
- Helping Those in Need

MAKE A DIFFERENCE

- What Does it Take to Make a Difference?
- Being a Positive Influence on Others
- The Simple Gift of Life
- Investing into Your Community
- Embrace a Different Lifestyle

BE THE CHANGE

- Is There More to Life?
- Is Doing Good Better than Being Great?

A Life Plan Can Help Build a Legacy
Giving Beyond
Thriving or Surviving

UNIT 3 – THOUGHTS, WORDS AND SILENCE

FRAME YOUR WORLD

Words Shape Thought
Thoughts Shape Beliefs
Belief Shape Actions
Visualize Your World
Choosing Between Two Realities

POSITIVE AND NEGATIVE

The Effects of Negativity
Turn Negativity into Positivity
Positivity Exercise
Reshape Our Worlds
The Importance of Rest

SILENCE AND QUESTIONS

The Importance of Silence
Questions First Please
Curiosity
Filling the Void
Ask More Questions

WARPING REALITY

Limitless Design
The Words Exercise
Daily Affirmation Statement
How Energy Affects Humans
Breaking Through Our Hardships

UNIT 4 - RELATIONSHIPS

RELATIONSHIPS

Our Most Essential Need
Opening Doors of Opportunity
The Power of Connection
Setting Realistic Boundaries
Developing, Managing and Sustaining Your Relationships

BELONGING

Get the Support You Need
Find Your Tribe
Acceptance = Freedom
The Power of Love
Find Where You Belong

VULNERABILITY

Overcoming Confrontation
Loyalty & Trust Lead to Vulnerability
The Five-Minute Connect
Excruciating Vulnerability
How to Handle Shame

SAFETY

Finding Safety
A Safety Net for Others
Positive Speaking & Reflective Writing
Are Your Relationships Safe?
Finding Safe Leaders