

Unlock Your Purpose

CASEL Alignment

		CASEL Competencies				
Unit	Purpose Prep Lessons	SELF-AWARENESS	SELF-MANAGEMENT	SOCIAL AWARENESS	RELATIONSHIP SKILLS	RESPONSIBLE DECISION MAKING
1	Map Your Future			✓		✓
	People and Problems	✓			✓	✓
	Focus and Success	✓		✓		✓
	From Learning to Earning	✓	✓			✓
2	Giving is Getting	✓	✓			
	Reasonable Response	✓			✓	
	Make a Difference			✓	✓	
	Be the Change	✓			✓	
3	Frame Your World	✓	✓			
	Positive and Negative	✓				✓
	Silence and Questions		✓		✓	
	Warping Reality	✓	✓			✓
4	Relationships			✓	✓	
	Belonging			✓	✓	
	Vulnerability			✓	✓	
	Safety			✓	✓	