

# Course Syllabus

Course: Unlock Your Purpose

**Course Title:** Unlock Your Purpose

**School Level:** Middle School and High School

## *Course Purpose & Objective:*

Purpose is a powerful motivator for personal change and achievement, examining the why behind our choices. With a solid understanding of purpose, students will be empowered to make decisions that lead to a fulfilling life. Get ready to unlock the power of purpose and find satisfaction in life.

## *Description:*

Unlock Your Purpose is a course designed to help you achieve the maximum potential in your life. Instead of starting with what we want to do and how we choose to accomplish it, this course helps students unearth the purpose: why do we want to do it. When we start with our purpose, we discover the underlying factors, beliefs, and values that motivate us and drive our lives--ultimately enhancing self-awareness and self-esteem.

In this course, students will investigate their why and identify the person they want to become. Yet, no matter how strong their self-awareness is, events will occur that will challenge them. This course allows students to examine what motivates them to keep pressing on and pushing through the pain of growth that is necessary to leading a fulfilling life.

By participating in activities and discussions in this course, students build the interpersonal and intrapersonal skills that lead to a life of purpose. Upon completing this course, students will understand how to balance the principles of happiness and success, the importance of helping others, the connection between internal thoughts and external communication, and how to build and maintain healthy relationships.

## *Course Outcomes:*

After completing this course students will be able to:

1. Differentiate types of people and problems, and how to balance and identify healthy happiness and success
2. Understand the value of giving and how to make a difference in the world
3. Evaluate how being positive or negative affects their thoughts, words and actions
4. Build and sustain positive relationships through boundaries, vulnerability and loyalty

## ***Course Outline:***

Unit 1: Happiness vs. Success  
Unit 2: Making a Difference  
Unit 3: Thoughts, Words and Silence  
Unit 4: Relationships

## ***Resources Included:***

Lesson content is embedded directly in the course and can be removed or reordered within the system. No additional costs or materials are needed to complete this course.

## ***Scoring System:***

The default grading weight in the Edgenuity LMS is as follows:

Quizzes: 10%  
Assignments (Call to Action, Assessment and Reflection, and Mentor Activity): 90%  
Total: 100%

All grading weights may be modified by checking the box of the desired course or module and choosing “Edit Course Options” from the drop-down bar that appears. Educators also have the option to customize courses to add/remove/etc. activities and designate their category for the grade weight.

## ***Graded Assignments:***

- Call to Action Assignments
- Wrap-Up – Assessment and Reflection
- Wrap-Up – Quiz
- Wrap-Up – Mentor Activities

## ***Course Implementation & Schedule:***

This course is comprised of 20 lessons and can be implemented in a single semester, trimester, or a full year of instruction. Courses are flexible and can be offered fully online, hybrid, or whole classroom. Lessons are sequenced purposefully within a unit, to ensure connections between larger ideas and concepts within that unit. However, all units and lessons can be customized into any order that suits the implementation.