

Character & Leadership Development

CASEL Alignment

		CASEL Competencies				
Unit	Purpose Prep Topic (Lessons)	SELF-AWARENESS	SELF-MANAGEMENT	SOCIAL AWARENESS	RELATIONSHIP SKILLS	RESPONSIBLE DECISION MAKING
1	Vision (Lessons 1–2)	✓	✓			
	Mission (Lessons 3–4)	✓	✓			
	Purpose (Lessons 5–6)	✓	✓			
	Impact Your Community (Lessons 7–10)			✓	✓	
2	Adventure (Lessons 11–13)		✓	✓		
	Memories (Lessons 14–16)			✓	✓	✓
	Your Story (Lessons 17–18)			✓	✓	✓
	Have a Little Fun (Lessons 19–21)	✓				✓
3	Frame Your World (Lessons 22–24)	✓	✓			
	Positive & Negative (Lessons 25–27)	✓				✓
	Silence & Questions (Lessons 28–29)		✓		✓	
	Warping Reality (Lessons 30–32)	✓	✓			✓
4	Discover you Identity (Lessons 33–36)	✓	✓			✓
	Emotional Audit (Lessons 37–39)	✓	✓			✓
	Inner Engineer - Part 1 (Lessons 40–41)	✓	✓			
	Inner Engineer - Part 2 (Lessons 42–45)			✓	✓	
5	Giving is Getting (Lessons 46–48)	✓	✓			
	Reasonable Response (Lessons 49–50)	✓			✓	
	Make a Difference (Lessons 51–54)			✓	✓	
	Be the Change (Lessons 55–58)	✓			✓	
6	Mystery (Lessons 59–60)	✓	✓			
	Compassion & Stillness (Lessons 61–63)			✓	✓	
	A Reinvented Leader (Lessons 64–66)	✓	✓		✓	
	Start Again (Lessons 67–69)	✓				✓

