

**FEELINGS FACTORY**  
**K-2 Kindly Learning Purpose Pathways**

**CASEL Alignment**

**MY EMOTIONS & FEELINGS**

Module	Topic Module	Purpose Prep Lessons	CASEL Competencies				
			SELF-AWARENESS	SELF-MANAGEMENT	SOCIAL AWARENESS	RELATIONSHIP SKILLS	RESPONSIBLE DECISION MAKING
1	Why Emotions Are Important	What Are Emotions?	✓	✓			✓
		Why Emotions Matter		✓	✓	✓	
		Identify & Change Your Feelings	✓	✓	✓		✓
		Coloring Our Emotions	✓	✓			✓
		How Emotions Impact Others			✓	✓	✓
2	Learning My Basic Emotions	What to Do When You're Happy or Sad	✓	✓		✓	
		What to Do When Feeling Angry		✓	✓		✓
		All About Love	✓		✓	✓	✓
		What Do I Do When I'm Afraid?	✓	✓			✓
		Peace	✓	✓	✓	✓	✓
3	Emotions & Relationships	Attitude			✓	✓	✓
		Being A Good Friend	✓		✓	✓	
		Talk to Someone About Your Fears	✓			✓	
		Happiness	✓	✓	✓		
		Feeling Sad	✓	✓	✓		

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# CASEL Alignment

## ERIN'S LAW

Module	Topic Module	Purpose Prep Lessons	CASEL Competencies				
			SELF-AWARENESS	SELF-MANAGEMENT	SOCIAL AWARENESS	RELATIONSHIP SKILLS	RESPONSIBLE DECISION MAKING
1	Safety Basics	Safety First & Protecting Myself	✓	✓	✓		✓
		Safe vs. Unsafe Relationships			✓	✓	✓
		Intro to the Touching Rule	✓	✓	✓	✓	
		No Secrets Allowed Rule		✓	✓		✓
		Talking Positive to Myself & Others	✓	✓	✓	✓	
2	My Health & Well-Being	Personal Boundaries		✓	✓	✓	
		Intro to the "Always Ask" Rule		✓	✓		✓
		Keeping Others Safe			✓	✓	✓
		Speaking Up and Reporting Unwanted Touches		✓	✓		✓
		Learning Helps with Personal Goals	✓	✓			✓
3	Healthy Growth	"No" Means "No"		✓	✓	✓	
		We're All Different & Need Help in Different Ways	✓		✓	✓	
		Safe vs. Unsafe and Wanted vs. Unwanted Touches	✓		✓	✓	✓
		Speaking Up and Reporting Unsafe Touches		✓	✓	✓	
		Goals to Transform Behavior	✓	✓			✓

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## VALUES & PRINCIPLES

Module	Topic Module	Purpose Prep Lessons	CASEL Competencies				
			SELF-AWARENESS	SELF-MANAGEMENT	SOCIAL AWARENESS	RELATIONSHIP SKILLS	RESPONSIBLE DECISION MAKING
1	Learning Principles	Principles & Values	✓	✓			✓
		Being Honest		✓		✓	✓
		Develop Self-Control	✓	✓			✓
		Teamwork 101		✓	✓	✓	
		Being Fair to Others		✓	✓	✓	
2	Positive Living	Creating Personal Values	✓	✓			✓
		Healthy Life Choices	✓	✓			✓
		Practicing Perseverance	✓	✓			✓
		Be Respectful		✓	✓	✓	
		Celebrating Differences		✓	✓	✓	✓
3	Unleashing The Best Me	The Impact of Values	✓	✓	✓		
		Optimism			✓	✓	✓
		Being Responsible					
		Gratitude	✓		✓	✓	
		Showing Empathy	✓		✓	✓	