

Partnering to Address Florida Mental and Emotional Health Education Goals



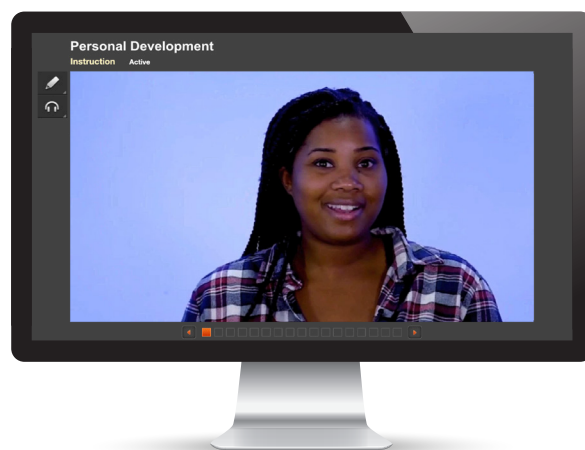
Flexible social and emotional learning to meet Florida’s Mental Health Education Requirements*

Edgenuity® recognizes the importance of mental health and wellness instruction in supporting the success of Florida’s students. In partnership with Purpose Prep, Edgenuity is proud to offer a library of instructional modules designed to address the mental and emotional health goals in Florida for students in grades 6–12. This flexible curriculum is organized into five hour-long modules for each grade and can be customized to meet the specific needs of your students.

The Purpose Prep SEL curriculum is designed to encourage student interaction with relevant topics, provide opportunities to define and understand emotions and behaviors, and build the confidence to make more positive, healthy choices. Lessons feature a diverse group of qualified and trained leaders who draw upon their experiences and expertise to help students understand and overcome the mental-health challenges they face every day. These individuals bring learning to life through personal conversations and real-world examples.

BUILT SPECIFICALLY FOR FLORIDA STUDENTS

These mental-health modules are customized to meet all of the requirements outlined by the State of Florida, with five hours of instruction for each grade level. This curriculum—designed by experienced counselors, therapists, social workers, educators, and medical professionals—supports students through each year. The modules for grades 6–12 help students build knowledge and skills that are appropriate for each grade level. And Edgenuity’s real-time data and reporting make it easy for schools to track student progress and report completion to the state.



Mental Health Instructional Modules for Florida

Sample topics from each grade-level module

GRADE 6

- How to Protect Yourself on Social Media
- Thoughts Shape Beliefs, Beliefs Shape Actions
- Effects of Bullying
- Resources: School Groups, Quality Peers, Mentors, and More
- Finding Safety
- Drugs and the Body and Mind
- Healthy Self-Esteem

GRADE 7

- Overcoming Bullying
- How Choices Affect Our Thinking
- Why Compassion Matters
- Resiliency
- Mentorship
- Overcoming Peer Pressure
- Digital Citizenship and Safety

GRADE 8

- It's Not Your Fault: Divorce, Abuse, and Neglect
- Overcoming Sad Feelings
- Helping Those in Need
- Anger Management
- Belonging—Find Where You Belong
- Self-Esteem in Tough Situations
- Self-Harm and Staying Safe

GRADE 9

- Gangs, Guns, and Fighting
- Cultural Implications within Family and Learned Behavior
- Solutions to Bullying
- Communicating with Your Teachers & Other Adults
- Dealing with Trauma
- The Impact of Drugs on Your Relationships
- Avoiding Exploitation (Human Trafficking)

GRADE 10

- Overcome Identity Issues
- Emotional Pain, Loss, & Stress
- Healthy Relationships
- Mindfulness Practices & Principles
- Swearing and Degrading Words
- Vaping and JUULing
- Setting Realistic Boundaries

GRADE 11

- Anxiety & Depression
- Being a Positive Influence on Others
- Knowing Your Worth and Everyone Else's
- Competing Commitments
- Family Challenges
- Living Drug Free and Overcoming Drugs
- Connecting with Your Parents

GRADE 12

- Turn Negativity into Positivity
- Why Compassion Matters
- Embracing Diversity
- The Freedom in Forgiveness
- Suicide Prevention
- The Consequences of Drugs
- Sexual Pressure

*Required Mental Health Topics based on FL New Rule 6A-1.094121, Mental and Emotional Health Education

Approved by FL State Board of Education as of 7/17/19 and enacted 8/20/19

(a) Recognition of signs and symptoms of mental health disorders; (b) Prevention of mental health disorders; (c) Mental health awareness and assistance; (d) How to reduce the stigma around mental health disorders; (e) Awareness of resources, including local school and community resources; (f) The process for accessing treatment; (g) Strategies to develop healthy coping techniques; (h) Strategies to support a peer, friend, or family member with a mental health disorder; (i) Prevention of suicide; and (j) Prevention of the abuse of and addiction to alcohol, nicotine, and drugs.

Additional Topics addressed by Edgenuity and Purpose Prep: Human Trafficking, Keeping Yourself Safe, and Sex Education