

Social and Emotional Learning in Early Years for School and Life Success



Purpose Prep Elementary for Grades K–5

Research has proven that social and emotional learning is essential for students of all ages. To support this priority, Edgenuity® has partnered with Purpose Prep™ to offer a fun, easy-to-use SEL program for students in grades K–5.

Engaging Elementary SEL Curriculum

Kindly Learning, the Purpose Prep elementary curriculum, is a set of engaging SEL lessons that provide a powerful foundation for students across two grade bands: K–2 (*Feelings Factory*) and 3–5 (*Transform My Emotions*). As students move through the lessons, they focus on recognizing, understanding, and regulating six basic emotions and feelings: sadness, anger, fear, happiness, love, and peace. Students also learn about respectful and inclusive behavior along with communication skills that are helpful for building a positive classroom and school culture.



The Sparks, an engaging “cosmic crew of emotions,” help students identify their emotions and learn how to communicate their experience effectively. Students learn foundational SEL skills across the five CASEL-defined competencies. A comprehensive set of classroom and student resources support educators in creating an optimal SEL learning environment. Each element of the program supports an easy-to-use, whole-class or centers-based approach, with fun, engaging, and meaningful videos, activities, and resources to help students build skills for success in the classroom and beyond.

Easy-to-Use, Flexible, Fun Curriculum Resources

The Purpose Prep elementary curriculum scaffolds teaching and learning with a comprehensive set of teacher- and student-tested resources. These resources support the opportunity to engage with students through classroom discussion experiences and provide follow-up activities for further learning and independent practice. *Kindly Learning* SEL curriculum and instruction resources are delivered via the Purpose Prep web-based learning platform.

- **Short conversational videos** provide relatable experiences, presented by youth or adults and spark classroom discussion in the context of SEL.
- **Classroom routines and lesson plans** support educators as they teach and guide students to develop active listening, watching, and sharing skills; have safe and socially aware discussions; and build effective critical thinking skills.
- **Standards alignments for Common Core ELA** provide a reference for teachers as they align the SEL experiences to literacy skills.
- **Downloadable worksheets and storytime sheets** can be printed in color or black-and-white and used for a variety of instructional models, including whole-class instruction or centers.
- **Online call-to-action activities, games, and sing-alongs** support student interaction and learning reinforcement and can be used with whiteboards or printed.
- **Powerful, downloadable posters** provide reminders for students to practice emotion recognition, understanding, communication, and regulation.
- **Roll Emotions: The Funtastic Discussion Dice Game** provides a hands-on experience as students use prompts printed on each cube to open conversations and respond to peers.

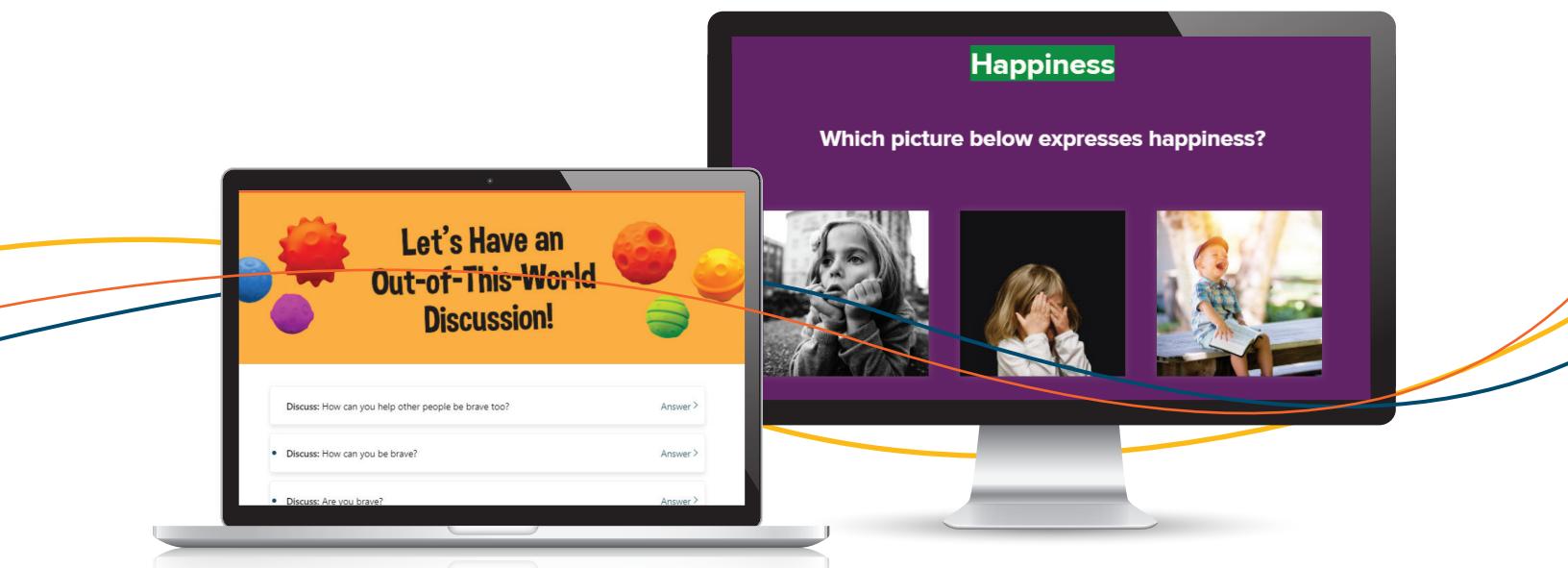
UNIT 1 – MY EMOTIONS & FEELINGS

Circle Conversation

Sit in a circle with your class. Each student gets to take a turn to share. Have the student stand up and hold an object showing it's their turn to share:

What their name is. "My name is _____.
What emotion they are feeling. "Today I feel _____."

At the end of each student turn the teacher will say "Thanks for sharing" and the class will do a collective 1 clap. "1,2,3 ..CLAP" and clap after 3!



FOR MORE INFORMATION,
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